

Form 142-4

Documentation of Medical Examination



This form must be given to the parent/guardian of any student suspected of having a concussion.

_____ (student name) sustained a **suspected concussion** on
_____ (date) at _____ (location).

The student must be assessed by a medical doctor or nurse practitioner. Before the student returns to physical activity the parent/guardian must inform the school principal of the results of the medical assessment by completing the section below.

Name of doctor/nurse practitioner

Clinic/hospital (where the student was seen)

Results of Medical Examination

- ☐ My child/ward has been examined. **No concussion** was diagnosed, and my child/ward may resume full participation in learning and physical activity with no restrictions.
- ☐ My child/ward has been examined. **A concussion was diagnosed**, and my child/ward must begin a medically supervised, individualized, gradual Return to Learn/Return to Physical Activity plan. School staff will contact the parent/guardian to discuss the Return to Learn and Return to Play protocol.
- ☐ I have been informed of the school's concern, and **I decline to have my child/ward assessed by a medical professional.**

Parent/guardian signature: _____

Date: _____

Comments:

School Principal Signature

☐ Copied to teachers

☐ Copied to OSR

Limestone District School Board

The Limestone District School Board is situated on the traditional territories of the Anishinaabek and Haudenosaunee.

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