



MINUTES

Mental Health & Substance Use Leadership Committee Meeting

Thursday, October 17, 2024

3:45-5:00 PM

Microsoft Teams

Chair: Laura Conboy

Recorder: Rae McDonald

Attendees: Michael Whiteman, Cheryl Snider, Valerie Arsenault, Gillian Gunn, Dr. Megan Burnet, Leah Carey, Adam Andreyck, Kristy Luffman, Liv Rondeau, Shawn Quigley, Melissa West, Ellyn Clost-Lambert, Amanda Posadowski

Regrets: Scot Gillam, Wendy Fisher, Maggie Farmer

Agenda Items	Discussion/Decisions	MRP
1. Welcome / Land Acknowledgement	Welcome and introduction of new member, Melissa West, Special Education Coordinator. As an act of reconciliation, Laura Conboy will begin our meetings this year by highlighting various Indigenous Canadians. Laura highlighted Thelma Chalifoux, the first Indigenous & first Metis individual appointed to the Canadian Senate.	L. Conboy
2. Approval of Agenda	Special Education service delivery update will be removed and revisited in November. Motion to approve the agenda by Shawn Quigley. Motion seconded by Gillian Gunn.	All
3. Review of Terms of Reference	Terms of Reference were reviewed by all members. The committee discussed proposed changes, including member title changes and wording around attendance at meetings being "required." Liv Rondeau suggested to soften the language, while emphasizing the importance of representation so all voices can be heard. There was a discussion about the ongoing challenges of student representation on the committee. Information about the opportunity was shared with secondary administrators, but did not result in student representation. Leah Carey	All

	suggested an appendix with committee member names to help members know one another.	
4. Community Partner Updates	Shawn shared Youth Diversion services data. The Intersections program will be returning. Through the United Way, there is an upcoming virtual workshop about trends with youth struggling with substance abuse. Laura offered to cover the cost of the workshop for any committee members interested in attending. Amanda Posadowski advised that Public Health is collaborating with LDSB around PPM 128 (cellphone use and vaping). Posters/resources have gone out to schools, and brainstorming is currently occurring regarding additional supports. LDSB provided Public Health with 2023-2024 School Climate data related to the KFL&A module, based on the terms of the data sharing agreement. This data is currently being reviewed and correlated to share. Michael Whiteman reported that Maltby Centre has hired a new manager for School Programs. That individual will take over for Michael as the Maltby representative on this committee. Walk-in clinics are operating. Maltby Centre will also be participating in Right Time, Right Care. There is an upcoming meeting with Maltby Centre, school boards, and implementation coaches.	S. Quigley / A. Posadowski / M. Whiteman
5. Spec Ed Service Delivery Updates	As Scot is absent, agenda item deferred to November 2024.	S. Gillam
6. 2024-25 Action Plan Review	Laura shared highlights of the 2024-2025 Action Plan. A video snapshot of the Action Plan is available online. The full Action Plan will be uploaded to the LDSB website soon. Committee members were advised that PPM 169 had adjustments over the summer to include the new GLC20 curriculum.	L. Conboy
7. PreVenture	Last year, PreVenture was piloted at three sites with grade 8 students (Molly Brant ES, Loughborough PS, The Prince Charles School). At every site, there were four groups run; one group per personality trait. This school year, PreVenture will run again at Molly Brant ES, Loughborough PS, as well as Southview PS, Truedell PS and JR Henderson PS. Two more Student Support Counsellors (SSCs) are participating in facilitator training later this month.	L. Conboy

	Kairos data and 2023-2024 School Climate data were reviewed to determine which sites would be included in scale up this year. Laura and Wendy Fisher also considered SSCs who were interested in facilitating PreVenture this year. Laura shared post-survey feedback, with direct quotes from students. Overall, students were very positive about the experience of participating in PreVenture. Students wanted longer sessions, more snacks and fewer participants in their group. When asked what they would change about the program, many students specifically mentioned that they would not change anything. Leah also shared her feedback and experience as a PreVenture facilitator. Shawn wondered about next steps with this work, including how we might measure the success of PreVenture. Should Kairos staff who support students start asking them if they have participated in PreVenture? This question could possibly be added to a future School Climate survey. We have not yet sent out the opt out forms for this year. We have time to make changes to ask about students' participation in future research.	
8. Career Studies (GLC20) Curriculum	Melissa provided a brief overview of the two mandatory Grade 10 Career Studies mental health modules, which were available for implementation in September 2024. Email communication was sent to all educators teaching the GLC20 course, offering implementation support. Information sharing also occurred with Social Workers and Adolescent Care Workers, and there will be upcoming sharing with the Maltby Family Advisory Committee. Information about the curriculum can be found on the School Mental Health Ontario website.	M. West
9. Adjournment	Laura adjourned the meeting. The next meeting will occur on Tuesday, November 26, 2024 at 3:30 PM.	L. Conboy