




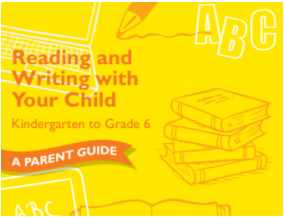


Resources for Families










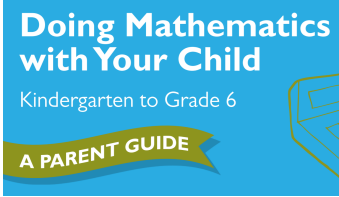




Learning is always a priority for our students. However, we also recognize that this is a stressful time for parents and children. The personal and mental well being of our students remains our top priority at this time. As parents and family members, the best thing you can do at this time is maintain communication with your children and be patient and understanding. Try and focus on establishing a regular, but relaxed, routine. Take advantage of new opportunities to connect with your child during the day. Watch for those natural moments when you can just be together and follow your child's lead. Providing our child with reassurance and calm during this time will prepare their minds and bodies to engage in learning when the time is right.


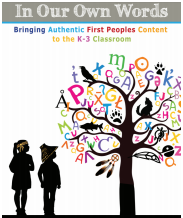
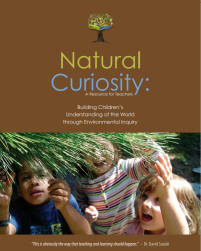

Our LDSB team is committed to sharing resources to help engage students and families. Please use these resources as an option to support your child's learning and well being. While these resources are available to you, it is important to continue to engage in meaningful activities such as reading together, cooking, spending time in nature, playing games, building and completing puzzles.























Wellness	Link and Description	Kindergarten to Grade 3	Grades 4 to 6	Grades 7 to 9	Grades 10 and Up
	School Mental Health Ontario https://smho-smso.ca/blog/suggested-childrens-books-that-can-support-your-childs-social-and-emotional-skills/ Book suggestions and reflection questions to support social-emotional learning for young children.	✓			
	School Mental Health Ontario https://smho-smso.ca/blog/12-easy-and-fun-mental-health-practices-to-try-with-your-children-at-home/ A set of practices that cover the six domains of social-emotional learning skills found in the Ontario Health and Physical Education curriculum.	✓	✓	✓	



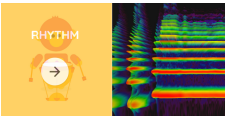

General	Link and Description	Kindergarten to Grade 3	Grades 4 to 6	Grades 7 to 9	Grades 10 and Up
	Khan Academy https://www.khanacademy.org/ Instructional videos on many topics, for all ages, in many different languages.	✓	✓	✓	✓
 Literacy	Link and Description	Kindergarten to Grade 3	Grades 4 to 6	Grades 7 to 9	Grades 10 and Up
	Reading and Writing with Your Child http://www.edu.gov.on.ca/eng/literacynumeracy/parentGuideLit.html Available in 13 languages. This resource gives practical information to support your child with reading and writing at home.	✓	✓		
	Epic! http://getepic.com Digital books, videos and activities.	✓	✓	✓	
	Boukili https://boukili.ca/en Variety of digital French books at various levels with a narrated reading option.	✓			

 Literacy Continued	Link and Description	Kindergarten to Grade 3	Grades 4 to 6	Grades 7 to 9	Grades 10 and Up
	BookFlix https://bookflix.digital.scholastic.com/home?authCtx=U.624837534 Digital books for young readers.	✓			
	SORA https://soraapp.com/welcome Choose “ Find My School ”, then “ Eastern Ontario Public Schools ” and finally “ Limestone District ”. Students sign in using their LDSB username and password. Access to both audio and digital books in French and English.		✓	✓	✓
	Curio https://curio.ca/en/ https://curio.ca/fr/ CBC podcasts on a variety of learning topics.		✓	✓	✓
	National Film Board https://www.nfb.ca/ Office National du Film https://www.onf.ca/		✓	✓	✓
	Idello https://www.idello.org/en French as a Second Language educational videos.	✓	✓	✓	✓

 Mathematics	Link and Description	Kindergarten to Grade 3	Grades 4 to 6	Grades 7 to 9	Grades 10 and Up
	Doing Mathematics with Your Child http://www.edu.gov.on.ca/eng/literacynumeracy/parentguidenum.html Available in 13 languages. Practical information to support your child's learning of math at home.	✓	✓		
	TVO mPower https://mpower.tv.org/#/login/ A game-based, problem-solving Ontario math site.	✓	✓		
	Mathies https://mathies.ca Online manipulatives, activities and games.	✓	✓	✓	✓
	School Yourself http://schoolyourself.org/ Lessons and activities using visual and oral explanations: review and practice math concepts.			✓	✓
	CEMC at Home https://cemc.uwaterloo.ca/resources/cemc-at-home.php Games, problems, and videos.		✓	✓	✓
	CEMC Courseware https://cemc.uwaterloo.ca/resources/courseware/courseware.html Lessons, activities, problem solving and practice.			✓	✓

Indigenous Education and Outdoor Learning	Link and Description	Kindergarten to Grade 3	Grades 4 to 6	Grades 7 to 9	Grades 10 and Up
 <p>SCIENCE FIRST PEOPLES TEACHER RESOURCE GUIDE</p> <p>GRADES 5 TO 9</p>	<p>Science First Peoples http://www.fnesc.ca/wp/wp-content/uploads/2015/08/PUBLICATION-61496-Science-First-Peoples-2016-Full-F-WEB.pdf</p> <p>A resource that supports the integration of Indigenous knowledge and perspectives into science class.</p>		✓	✓	
 <p>In Our Own Words Bringing Authentic First Peoples Content to the K-3 Classroom</p>	<p>In Our Own Words http://www.fnesc.ca/wp/wp-content/uploads/2015/06/PUB-LFP-K-3-In-our-Own-Words-for-Web.pdf</p> <p>K-3 Indigenous resource. Links to math, science, language, outdoor education, art, social studies.</p>	✓			
 <p>Natural Curiosity: Building Children's Understanding of the World through Environmental Inquiry</p>	<p>Natural Curiosity https://thelearningexchange.ca/wp-content/uploads/2014/04/NaturalCuriosityManual.pdf</p> <p>K-3 resource: building children's understanding of the world through environmental inquiry. Links to math, science, language and outdoor education.</p>	✓			
	<p>Evergreen https://www.evergreen.ca/tools-publications/?subject=286</p> <p>K-12 outdoor learning and play lesson plans. Links to math, science, language and outdoor education.</p>	✓	✓	✓	✓

 Science, Geography, History, and Social Studies	Link and Description	Kindergarten to Grade 3	Grades 4 to 6	Grades 7 to 9	Grades 10 and Up
	Science Education Resource https://www.canada.ca/en/services/science/educationalresources.html Created by the Canadian Government provides activities, lesson plans, and videos. Also available in French.				
	TVO Kids Science YouTube Channel TVOkids Science and Technology Ministry of Education Approved.				
	Code.org Code.org Learn computer programming.				
	National Geographic Kids https://kids.nationalgeographic.com/ Explore our world through pictures, videos, articles and games.				
	PhET Simulations https://phet.colorado.edu/ Interactive simulations: explore and understand many science and math topics.				

 Fitness, Health, and the Arts	Link and Description	Kindergarten to Grade 3	Grades 4 to 6	Grades 7 to 9	Grades 10 and Up
	DancePI3y https://bit.ly/2QI0hc4 Pre-recorded dance videos that encourage having fun while learning simple moves and routines.	✓	✓	✓	
	Chrome Music Lab https://musiclab.chromeexperiments.com/Experiments? Experiment with sound and music.	✓	✓	✓	✓
	Draw Every Day with JJK https://www.youtube.com/watch?v=p8yhH7AHty8 A YouTube channel with daily drawing activities by a children's author / illustrator.	✓	✓	✓	✓