

You must screen for COVID-19 every day before going to school. You can fill this out on behalf of your child.

- Has your child travelled outside of Canada in the last 14 days?
- In the last 14 days, have they tested positive for COVID-19?
- In the last 14 days, have they been in close physical contact with someone who currently has COVID-19?

This includes getting a COVID-19 Alert exposure notification.

Close physical contact means:

- being less than 2 metres away in the same room, workspace, or area
- living in the same home
- being in the same classroom
- Has a doctor, health care provider, or public health unit told them that they should currently be isolating (staying at home)?

**YES to one or more of these questions**

**DO NOT go to school**

**Next steps**

1. Contact the school to let them know about this result.
2. Isolate (stay home) and do not leave except to get tested or for a medical emergency.
3. Talk with your health care provider or visit an assessment centre to get a COVID-19 test.

**NO to all questions**

**Is your child currently experiencing any of these symptoms?**

- **Fever**  
temperature of 37.8 degrees Celsius or 100 degrees Fahrenheit or higher
- **Chills**
- **Cough that is new or worsening**  
continuous, more than usual, not related to other known causes or conditions (e.g., chronic obstructive pulmonary disease (COPD))
- **Barking cough, making a whistling noise when breathing**  
croup, not related to other known causes or conditions
- **Shortness of breath**  
out of breath, unable to breathe deeply, not related to other known causes or conditions (e.g., asthma)
- **Sore throat**  
not related to other known causes or conditions (e.g., seasonal allergies, acid reflux)
- **Difficulty swallowing**  
painful swallowing, not related to other known causes or conditions
- **Runny nose**  
not related to other known causes or conditions (e.g., seasonal allergies, being outside in cold weather)
- **Stuffy or congested nose**  
not related to other known causes or conditions (e.g., seasonal allergies)
- **Decrease or loss of taste or smell**  
not related to other known causes or conditions (e.g., allergies, neurological disorders)
- **Pink eye**  
conjunctivitis, not related to other known causes or conditions (e.g., reoccurring styes)
- **Headache that is unusual or long lasting**  
not related to other known causes or conditions (e.g., tension-type headaches, chronic migraines)
- **Digestive issues like nausea or vomiting, diarrhea, or stomach pain**  
not related to other known causes or conditions (e.g., irritable bowel syndrome, anxiety in children, menstrual cramps)
- **Muscle aches that are unusual or long lasting**  
not related to other known causes or conditions (e.g., a sudden injury, fibromyalgia)
- **Extreme tiredness that is unusual**  
fatigue, lack of energy, not related to other known causes or conditions (e.g., depression, insomnia, thyroid dysfunction)
- **Falling down often**  
for older people

**NO symptoms**

**YES to one or more symptoms**

**Go to school**

You can go to school because you seem to be healthy and have not been exposed to COVID-19.

**DO NOT go to school**

**Next steps**

1. Contact the school to let them know about this result.
2. Isolate (stay home) and do not leave except to get tested or for a medical emergency.
3. Talk with your health care provider or visit an assessment centre to get a COVID-19 test.

**Siblings or other people you live with who do not have symptoms are not required to isolate. They should monitor for symptoms and be assessed and tested if symptoms develop.**