



Diabetes

Many of us have or know children who have been diagnosed with diabetes. Type 1 diabetes is an autoimmune condition and is treated with insulin, by injection or pump. Type 2 diabetes may also be treated with insulin or oral medication. Lifestyle management, diet, and exercise, are important in controlling diabetes.

For more information, visit www.hoteldieu.com/programs-and-departments/diabetes-education-management-centre or call the Diabetes Education and Management Centre at Hotel Dieu Hospital 613-544-3400, ext. 3590.

www.kflaph.ca

2017-03-16

While at school:

- Children with diabetes can do anything that a child without diabetes can do, they just need to plan for it.
- Regular communication between parents and school is essential.

Parents should be aware of the key signs of Type 1 diabetes and contact their health care provider immediately for assessment.

The signs are:

- excessive thirst,
- excessive urination,
- hunger,
- weight loss, and
- fatigue.



KFL&A
Public Health